# Family Separation Services Guide

Barwon South West region **2025 edition** 





The Barwon South West Family Law Pathways Network would like to acknowledge the Albury Wodonga Family Law Pathways Network, the SA Family Law Pathways Network, the NT Family Law Pathways Group and the NT Legal Aid Commission for their permission to reproduce some of the information contained in this guide.

# Introduction

This guide has been designed to provide information to assist families who have separated or are separating. The guide includes information about support services and outlines when it would be appropriate to contact each service. The guide will assist professionals supporting families to navigate the various pathways available after separation.

It should be noted that this guide provides introductory material and should not be substituted for actual advice. Families are encouraged to contact the service to receive information particular to their circumstances.





## **About the Family Law Pathways Network**

The Barwon South West Family Law Pathways Network is funded by the Australian Government through the Attorney General's Department. Membership is open to any organisation or individual that provides services to separating families. The Network is inclusive and belongs to its members. The Network is auspice by OzChild, who is the funds holder and appoints a project officer to facilitate the Network.

The Network aims to improve the collaboration and coordination between organisations operating in the family law system to help separating and separated families obtain appropriate services.

The network holds regular network events throughout the region including information sharing sessions, court services, forums, training events and conferences, and produces a bi-monthly e-bulletin.

If you would like to receive more information about the network or to be placed on the e-bulletin mailing list, please contact the Project Officer via email:

vicpathwaysbarwonsouthwest@ozchild.org.au







#### **COUNSELLING AND SUPPORT**

Separation is one of the most emotionally traumatic processes a person can go through in their lives. We all need someone to talk to at some stage of our life and it's often good if they are outside our situation. Counselling is generally the first port of call. You can have consultations by telephone or face to face. A counsellor will listen to you in a supportive and non-judgmental way and offer some suggestions in ways of dealing with your situation.

Counselling and mediation services are often vital to resolving disputes following separation. If you are having trouble dealing with the trauma of separation, it is advisable that you contact your nearest counselling service and book an appointment.

The following services provide counselling and support to families and individuals in relation to family separation, contact details for private practitioners and generalist counsellors in your area can be found in your Yellow Pages directory under 'counselling'.

SERVICE	PHONE	WEBSITE/EMAIL
Relationship Matters	1300 543 396	www.relationshipmatters.com.au
Geelong		contact@relationshipmatters.com.au
CatholicCare	1800 123 228	www.catholiccarevic.org.au
Warrnambool		
CatholicCare	5221 7055	www.catholiccarevic.org.au
Geelong		geelongfrc@catholiccare.vic.gov.au
OzChild	1300 361 680	www.ozchild.org.au
Warrnambool, Hamilton,		ozchildfamilylawservices@ozchild.org.au
Portland, Camperdown		
Meli	5226 8900	www.meli.org.au
Supporting Children After		<u>info@meli.org.au</u>
Separation Program		
Family Relationship		
Counselling		
Colac Area Health	5232 5100	www.cah.vic.gov.au
		info@cah.vic.gov.au
South West CASA	5564 4144	https://Centre Against Sexual Assault (SW
		CASA)   South West Healthcare
		casa@swh.net.au
Safe Steps	1800 015 188	www.safesteps.org.au
(Family Violence Response		safesteps@safesteps.org.au
Centre)		
The Sexual Assault & Family	5222 4318	www.safvcentre.org.au
Violence Centre (Emma		reception@safvcentre.org.au
House)		
Women's Legal Service	1800 133 302	www.womenslegal.org.au
		admin@womenslegal.org.au







WIRE	1300 134 130	www.wire.org.au
(Women's Information and		support@wire.org.au
Referral Exchange)		
Men and Family	5561 8888	www.brophy.org.au
Relationships Program		admin@brophy.org.au
Men's Referral Service	1300 766 491	www.ntv.org.au
Lifeline (24/7)	13 11 14	www.lifeline.org.au
MensLine Australia (24/7)	1300 789 978	www.mensline.org.au
Kids Helpline (24/7)	1800 551 800	www.kidshelpline.com.au
Family Relationship Advice	1800 050 321	www.familyrelationships.gov.au
Line Mon-Fri 8am-8pm		
Saturday 10am-4pm		
Parentline Victoria	132 289	https://services.dffh.vic.gov.au/parentline
8am-12midnight 7 days a week		
13 YARN (24/7) Aboriginal &	139276	Enquiries@13yarn.org.au
Torres Strat Islander crisis support line		
support line		
OTHER:		

<b>*</b> * 2
Australian Government







# **FAMILY DISPUTE RESOLUTION (MEDIATION)**

Most parents who have separated reach their own verbal agreements about which parent their child will live and spend time with. It is not necessary to have a formal agreement in most situations, but if the parties feel that they require something in writing then they have two options:

#### **PARENTING PLANS**

A parenting plan can take any form, but to be recognized by a court it must be in writing, dated and signed by both Parents. A parenting plan, whether it is dated and signed, is not legally enforceable However, if parents go to court and a Parenting Plan exists, the Magistrate or Judge will be required to consider the terms of the most recent Parenting Plan when making a Parenting Order. A Parenting Order as made by the court is legally enforceable

Various mediation services help draft parenting plans after an agreement is reached. Agreements between Parents need to be made free from any threat, duress or coercion.







#### **CONSENT ORDERS**

Court Orders can be made by consent by filing an application with the Federal Circuit and Family Court of Australia. A Consent Orders Kit (do it yourself kit) can be obtained at <a href="www.fcfcoa.gov.au/">www.fcfcoa.gov.au/</a>. The kit contains the required forms and instructions. A Lawyer can also assist Parents to write up their Consent Order, which is then filed with the Federal Circuit and Family Court of Australia. Once approved by the court, a Consent Order is legally enforceable.

Sometimes reaching an agreement about children or property can be difficult following separation. If there are difficulties discussing issues with between former partners, Family Dispute Resolution (mediation) may be of assistance.

Family Dispute Resolution (FDR) is a process in which a trained and independent Family Dispute Resolution Practitioner (FDRP) assists separated families to discuss issues in relation to children, property and other matters. The FDRP (Mediator) helps the parties to explore and negotiate their options to reach a mutual and lasting agreement. Family Dispute Resolution is often less expensive, less time consuming and not as confrontational as going to Court.

Family Dispute Resolution has become an established part of the family law system, and it is now mandatory for separated parents to attempt FDR before seeking court orders in relation to their children. Certain exceptions may apply, e.g., where there has been family violence or child abuse. Please consult with your nearest Family Relationship Centre or Lawyer for further information.







# FAMILY DISPUTE RESOLUTION (MEDIATION) PROVIDERS FOR CHILDREN'S MATTERS

SERVICE	PHONE	WEBSITE/EMAIL
Family Relationship Centre		www.familyrelationships.gov.au
Geelong	1300 656 043	
Warrnambool	1300 661 790	
CatholicCare Geelong	5221 7055	www.catholiccarevic.org.au geelongfrc@catholiccarevic.gov.au
<b>CatholicCare</b> Warrnambool	5559 3000	www.catholiccarevic.org.au/directory/locations/warrnam bool warrnambool.reception@catholiccarevic.org.au
OzChild Warrnambool Portland Hamilton Camperdown	1300 361 680	www.ozchild.org.au ozchildfamilylawservices@ozchild.org.au
Relationship Matters	1300 543 396	https://relationshipmatters.com.au contact@relationshipmatters.com.au
Victoria Legal Aid Family Dispute Resolution Service	1300 792 387	www.legalaid.vic.gov.au
Victoria Legal Aid Family Dispute Resolution Service Warrnambool	1800 651 022	www.legalaid.vic.gov.au
Victoria Legal Aid Family Dispute Resolution Service Geelong	1800 196 200	www.legalaid.vic.gov.au
Family Relationship Advice Line	1800 050 321	www.familyrelationships.gov.au









#### **CHILD SUPPORT**

Every parent is responsible for financially supporting their children whether they live with the other parent or not. The key components of the child support formula include both parents' income, the costs of raising children of different ages and the contribution a parent makes towards the costs through direct care.

A child support agreement offers parents a flexible way of arranging child support. You can ask Services Australia Child Support to accept your agreement and collect and transfer the payments for you, or you can make private arrangements. There are some conditions that must be met before Services Australia Child Support can accept a child support agreement and parties must always seek legal advice before reaching any agreement for lump sum Child Support.

There are two types of agreements:

#### LIMITED AGREEMENTS

Formal agreement that must be in writing and signed by both parents. Legal advice is not needed before entering into a limited agreement. Before Services Australia Child Support can accept the agreement, two conditions must be met:

- There must be a Child Support assessment already in place
- The annual rate payable as set in the agreement must be equal to or more than the annual rate of the Child Support assessment.

#### BINDING AGREEMENT

Must also be in writing and signed by both parents. However, both parents must seek independent legal advice to enter or end the agreement. Binding agreements can include lump sum payments (including transfer of property) to be credited as Child Support instead of monthly cash or electronic payments.

For more information about specific circumstances contact Services Australia Child Support. If legal advice is required contact the Child Support Legal Aid Service or talk with a family lawyer.







SERVICE	PHONE	WEBSITE/EMAIL
Services Australia Child Support	131 272	www.servicesaustralia.gov.au
Barwon Community Legal Service	1300 430 599	www.barwoncommunitylegal.org.au bcls@barwoncls.org.au
Victoria Legal Aid	1300 792 387	www.legalaid.vic.gov.au

#### **PROPERTY**

Following separation, it is necessary for the property that has been accumulated jointly to be divided between the parties. If there is any significant property, it is essential that each party obtain legal advice. Knowing your entitlement and rights is crucial to enabling an agreement to be reached. Parents may need financial counselling, superannuation advice, advice from their accountant, Real Estate Agent or Property Valuator.

If parties can reach an agreement on their own about the distribution of the property it will save them time, money and distress. It is important to ensure that legal advice is obtained, and full disclosure of all assets is given prior to reaching any agreement. The parties are advised to file an agreement with the Court; this can be done by completing a Consent Orders Kit available at <a href="www.fcfcoa.gov.au/">www.fcfcoa.gov.au/</a>. It is advisable to engage a lawyer to draft the Consent Orders if there is significant property.

Property arrangements can be negotiated through the Family Dispute Resolution process or with the support of a solicitor through the legal process. The following services provide family dispute resolution (mediation) for property matters.

SERVICE	PHONE	WEBSITE/EMAIL
Family Relationship Centre Geelong	1300 656 043	www.catholiccare.vic.org.au geelongfrc@catholiccare.vic.org.au
Family Relationship Centre Warrnambool	1300 661 790	www.familyrelationships.gov.au contact@relationshipmatters.com.au
Relationship Matters	1300 543 396	https://relationshipmatters.com.au contact@relationshipmatters.com.au
CatholicCare Warrnambool	1800 123 228	www.catholiccarevic.org.au warrnambool.reception@catholiccarevic.org.au
CatholicCare Geelong	5221 7055	geelongfrc@catholiccare.vic.gov.au







OTHER:	

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#### **LEGAL ADVICE**

All separated parties should consider getting legal advice to help understand their rights, responsibilities and options. Even where court action is unlikely, legal advice can still play an important role in helping parties understand their legal rights and responsibilities as Parents and achieving fair and lasting agreements.

Legal representation is provided by a range of legal organisations and private practitioners. All parties should be able to obtain some preliminary legal assistance free or at minimal cost, with ongoing representation being dependent upon the nature of the case and the circumstances of the parties.

Some private law firms will offer a 30-minute free session and will also be able to provide legal advice for payment of their professional time, check options when first contacting. The local family lawyers are listed in the Yellow Pages section of your phone book under "Solicitors". The websites of the state Law Societies can also refer you to a Family Law Solicitor, www.liv.asn.au (phone 9607 9550) in Victoria.

There are legal services that offer free legal advice in person or over the phone. See below for contact details:

SERVICE	PHONE	WEBSITE/EMAIL
<b>Barwon Community Legal Service</b>	1300 430 599	www.barwoncommunitylegal.org.au
		bcls@barwoncls.org.au
Victoria Legal Aid	1300 792 387	www.legalaid.vic.gov.au
Geelong Office	1800 196 200	geelong@vla.vic.gov.au
Warrnambool Office	1800 651 022	warrnambool@vla.vic.gov.au
Emma House (SAFV centre) Legal	1800 366 238	www.emmahouse.org.au
Service		Emmahouse@safvcentre.org.au
South West Region		
DJIRRA	1800 105 303	https://djirra.org.au
Geelong, Warrnambool,		info.afvls@djirra.org.au
Framlingham, Heywood, Hamilton		
& Portland		
Women's Legal Service VIC	1800 133 302	www.womenslegal.org.au
		admin@womenslegal.org.au







Law Institute of Victoria	9607 9311	www.liv.asn.au
Find a Lawyer		inquiries@liv.asn.au
Victoria Aboriginal Legal Service	1800 064 865	www.vals.org.au
(VAL's)		vals@vals.org.au
Federation of Community Legal	9652 1501	www.fclc.org.au
Centres		administration@fclc.org.au

OTHER:	•	 	 	 	 	

#### **GOING TO COURT**

Going to court should always be a last resort but if it is necessary then obtaining legal advice is essential. Contact your nearest legal service or private solicitor to arrange an appointment. The following websites have some useful information about going to Court.

SERVICE	PHONE	WEBSITE/EMAIL
Federal Circuit and Family Court of	1300 352 000	www.fcfcoa.gov.au/.
Australia		enquiries@fcfcoa.gov.au
Court Network (Support Service)	1800 571 239	www.courtnetwork.com.au
12:00pm – 4:00pm Monday-Friday		admin@courtnetwork.com.au
Local Courts (Magistrates)		www.mcv.vic.gov.au
Geelong	9087 6113	gmc@courts.vic.gov.au
Warrnambool	9087 5729	warrnambool@courts.vic.gov.au
Colac	7003 4117	colac@courts.vic.gov.au
Hamilton	9087 6114	hamilton@courts.vic.gov.au
Portland	9063 0119	portland@courts.vic.gov.au

#### **MOVING INTERSTATE**

Every person has the right to move freely throughout Australia as provided in the Constitution. If you are thinking about relocating and there are children involved, legal advice is strongly recommended before any move. You should note that a Court is able to order that the children be returned to their place of origin in some circumstances. Contact your nearest legal service or private solicitor to arrange and appointment









# **CHILD WELFARE**

Welfare concerns about children can include child abuse, neglect, sexual abuse, truancy, exposure to danger, lack of nutrition, and others. If you have a belief that a child's welfare is at risk, then you must notify the child protection authority in your State.

SERVICE	PHONE	WEBSITE/EMAIL
Child Protection Intake West Division Victoria	1300 360 462	https://services.dffh.vic.gov.au/child- protection-contacts
Child Protection After Hours Emergency Service	13 12 78	

Please see a list of contacts below who may be able to assist you if you have concerns about the welfare of a child.

#### **The Orange Door**

Barwon (Bellarine, Central Highlands – Camperdown)	1800 312 820	https://orangedoor.vic.gov.au barwon@orangedoor.vic.gov.au
Southwest (Terang – SA Border)	1800 271 180	https://orangedoor.vic.gov.au southwest@orangedoor.vic.gov.au
Wimmera (Horsham – Patchewollock	1800 271 042	https://orangedoor.vic.gov.au wimmera@orangedoor.vic.gov.au
Geelong	1800 312 820	barwon@orangedoor.vic.gov.au
Kids Helpline	1800 551 800	www.kidshelp.com.au

OTHER: .....







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#### **PARENTING**

Separation or divorce does not normally end involvement and responsibility as a parent. Children need the continuing affection and support of both parents. This will require cooperation with a former partner which may not always be easy.

Programs are available to enable parents to reflect on their experiences and gather information in a supportive environment. Programs assist parents to understand the impact of separation on themselves and their children and to deal with the issues of building working relationships between parents so that the focus is on the best interests of the children. Parents can also access information on child development, (ages and stages) and healthy child behaviour.

The Children's Contact Services provide a safe, neutral and child friendly environment for changeovers and supervised contact visits so that children are not exposed to ongoing parental conflict.

CED UCE	DUONE	MEDCITE FRANK
SERVICE	PHONE	WEBSITE/EMAIL
Children's Contact Service		
Meli		
Geelong	5226 8900	www.meli.org.au
0-66:14		info@meli.org.au
<b>OzChild</b> Warrnambool	1300 361 680	www.ozchild.org.au
vvaiiiaiiibooi	1300 301 080	ozchildfamilylawservices@ozchild.org.au
		Ozermaramiyiawservices@Ozerma.org.au
Parentline - Victoria	1300 301 300	https://parentline.com.au
Parenting Orders Program	1300 656 043	www.catholiccare.vic.org.au
Geelong FRC	1300 030 043	geelongfrc@catholiccare.vic.org.au
Parenting Programs		<u>geolonginog outnomoun envisionglau</u>
<u>. a. c</u>		
Meli	5226 8900	www.meli.org.au
Geelong		info@meli.org.au
CatholicCare	1800 123 228	www.catholiccarevic.org.au
Warrnambool		
City of Greater Geelong	5272 5272	www.geelongaustralia.com.au
		contactus@geelongcity.vic.gov.au
Drummond Street	9663 6733	https://ds.org.au
Diaminona street	5005 0755	enquiries@ds.org.au
FRC		
FRC		enquiries@ds.org.au





Geelong	1300 656 043	www.catholiccare.vic.org.au
		geelongfrc@catholiccare.vic.org.au
Wannanahaal Cit Co"	FFF0 4747	
Warrnambool City Council	5559 4747	www.warrnambool.vic.gov.au childandfamily@warrnambool.vic.gov.au
Post Separation Parenting		Cinidanataniny & Warrianiboot.Vic.gov.au
Programs/Support		
na al:		
<b>Meli</b> Geelong/Warrnambool	5226 8900	www.meli.org.au
Ceciong, Warmanisco	3220 0300	info@meli.org.au
CatholicCare	5224 7255	and the Process of the
Geelong	5221 7055	www.catholicccare.vic.org.au
		geelongfrc@catholiccarevic.org.au
Warrnambool	1800 123 228	www.catholiccare.vic.org.au
FRC		www.catholiccare.vic.org.au
Geelong	1300 656 043	geelongfrc@catholiccare.vic.org.au
<b>0</b>		<u> </u>
FRC		www.ozchild.org.au
Warrnambool	1300 661 790	ozchildfamilylawservices@ozchild.org.au
OzChild		www.ozchild.org.au
Warrnambool	1300 661 790	adminwr@ozchild.org.au
Relationship Matters	1200 F 42 200	https://relationshipmatters.com.au
Geelong	1300 543 396	contact@relationshipmatters.com.au
OTHER:		









# **FAMILY VIOLENCE & SEXUAL ASSAULT**

Family violence is behaviour between family members that causes fear. It includes emotional and financial abuse, as well as physical violence and sexual abuse.

If there has been a recent incident of violence, then the Police should be contacted first. If a person is in fear of violence, then they should contact their nearest legal service for legal advice.



Support and counselling options are also available.

SERVICE	PHONE	WEBSITE/EMAIL
Victoria Police -		
Emergency number	000	www.police.vic.gov.au
Police Assistance	131 444	
Geelong	5225 3100	
Colac	5230 8200	
Hamilton	5551 9100	
Portland	5522 1500	
Warrnambool	5560 1333	
Domestic & Family Violence		
Services		
Emma House	5561 1934	www.emmahouse.org.au
Western District	1800 366 238	emmahouse@safvcentre.org.au





Winda-Mara Aboriginal Corporation	5527 0000	www.windamara.com.au/family-services
Corporation		wmac@windamara.com
		www.swcasa.org.au
South Western CASA	5564 4144	SACLfeedback@thewomens.org.a
(Centre Against Sexual Assault)		
Warrnambool		
Sexual Assault Crisis Line (SACL)		
Sexual rissuale erisis Erric (Sreez)		www.sacl.com.au
	1800 806 292	SACLFeedback@thewomens.org.au
The Orange Door		
Barwon	1800 312 820	cah.vic.gov.au
Colac/Corangamite	5232 5100	barwon@orangedoor.vic.gov.au
Meli		
Men's Behavioural Clinic	5226 8900	www.meli.org.au
Barwon Region - Geelong	00	info@meli.org.au
Colac Area Health	5232 5100	www.cah.vic.gov.au
Family Violence Services		
National Sexual Assault, Family	1800 737 732	www.1800respect.org.au
and Domestic Violence	(1800	
Counselling Line	RESPECT)	
Safe Steps	1800 015 188	www.safesteps.org.au
(Family Violence Response		safesteps@safesteps.org.au
Centre)		
Mensline Australia	1300 789 978	https://mensline.org.au
24 hours a day, 7 days a week		
SEA Change - Anger	1300 543 396	https://relationshipmatters.com.au
management for Women		
Relationship Matters		
Men Behaviour Change		
Program, Men's Case		
Management		
<b>Brophy Family &amp; Youth Services</b>	5561 8888	https://brophy.org.au
Southwest	3301 0000	info@brophy.org.au
ood:est		<u>into Conspiny to Ignau</u>
Meli		
Barwon		
	5278 8122	www.meli.org.au
		info@meli.org.au
Men's Referral Service	1300 766 491	https://ntv.org.au
Women & Children's Program	5561 8888	https://brophy.org.au
Women & Children's Flogidili	JJ01 0000	admin@brophy.org.au admin@brophy.org.au
Sexual Assault Crisis Line	1800 806 292	http://www.sacl.com.au
Jenual Assault Clisis Lille	1000 000 232	SACLFeedback@thewomens.org.au
		SACLI EEUDACKWITEWOTHEIIS.UIg.au







Child Protection Crisis Line	131 278	services.dffh.vic.gov.au
Who's In Charge	5561 8888	https://brophy.org.au
Addressing Adolescent Violence		admin@brophy.org.au
in the home		
Warrnambool		
Victims of Crime Victoria	1800 819 817	www.victimsofcrime.vic.gov.au
Helpline	SMS:	vsa@justice.vic.gov.au
	0427 767 891	
Victims Assistance Program	1800 819 817	www.victimsofcrime.vic.gov.au
(VAP)		vapbsw.org.au
Barwon Southwest		

## **FINANCIAL ASSISTANCE**

Many people experiencing separation find themselves in financial difficulty and often need a little money to help them get back on their feet. There are some support services that can help with donations as well as government departments that can issue urgent grants, loans and advanced benefit payments.



SERVICE	PHONE	WEBSITE/EMAIL
Bond Loan Scheme	1300 360 462	https://www.housing.vic.gov.au/rentassist- bond-loan
Centrelink (Family Assistance Office)	136 150	www.servicesaustralia.gov.au
Services Australia- Child Support information	131 272	www.servicesaustralia.gov.au







Emergency relief		
Meli	5278 8122	emergencyreliefbarwon@meli.org.au
CatholicCare	1800 123 228	www.catholiccare.vic.org.au
Haven Home Safe	1300 428 364	https://havenhomesafe.org.au
Vinnies	5221 9170	www.vinnies.org.au
Salvation Army	5223 9200	www.salvationarmy.org.au
Uniting Care	5278 8492	www.unitingcare.org.au ucaremail@nat.unitingcare.org.au Barwon-Admin@vt.uniting.org
WARRNAMBOOL		
Anglicare	0437 531 997	www.anglicarevic.org.au
Meli	0458 750 351	www.meli.org.au
CatholicCare	1800 123 228	www.catholiccarevic.org.au
Vinnies	5561 0767	www.vinnies.org.au
Salvation Army	5564 9111	www.salvationarmy.org.au
Financial Counselling		
Meli Warrnambool/Geelong Colac Area Health Colac	5226 8900	www.meli.org.au info@meli.org.au
Colac	5232 5100	www.cah.vic.gov.au info@cah.vic.gov.au
Food Bank Geelong Food Relief	5278 6588	https://geelongfoodshare.org admin@geelongfoodshare.org
Community House – Camperdown	5593 1403	https://camperdownch.com.au office@camperdownch.com.au
Warrnambool Food Share	0428 197 715	http://warrnambooldfs.org.au







Salvation Army Centre Geelong Colac	5223 5400 5234 0614 0484 935 165	www.salvationarmy.org.au
Doorways Community Support	1800 722 363 8873 5288	
Vinnies (Financial assistance & food parcels)		enquiries.nils@vinniesnils.org.au
Warrnambool/Geelong	1800 305 330	
Colac Community Hub	5231 2822	communityhubinc.org.au admin@communityhubinc.org.au
<b>SOUTH WEST</b> Brophy	5561 8851	https://brophy.org.au
Vinnies	5229 8829	https://www.vinniesnils.org.au enquiries.nils@vinniesnils.org.au
Camperdown Community House	5593 1403	https://camperdownch.com.au office@camperdownch.com.au
Rent Assistance Payments	3	www.servicesaustralia.gov.au
OTHER:		











## **HELP WITH HOUSING**

Following separation many people find themselves without a place to stay until they can arrange their own housing. If you find yourself in need of housing, there are many organisations that can help. Crisis accommodation is provided for persons and families who need urgent temporary accommodation. Most of these organisations can also refer you to other services that provide longer term accommodation.

Please see contact list below:

SERVICE	PHONE	WEBSITE/EMAIL
Office of Housing Victoria	1300 360 462	www.housing.vic.gov.au
Barwon Housing & Homelessness Support Service	1800 825 955	bswhn.org.au
<b>Meli</b> Geelong	5226 8900	www.meli.org.au/youth-services/meli- housing/ info@meli.org.au
Brophy Family & Youth Services Warrnambool, Portland, Hamilton	5561 8888	https://brophy.org.au admin@brophy.org.au





BARWON SOUTH WEST VIC

For over 25's support is available	5522 1480	Hsl@brophy.org.au
from the Housing Support and		
Linkages Team		
Colac Area Health	5232 5100	www.cah.vic.gov.au
Transitional Housing		
Salvation Army	F333 F400	
Geelong Warrnambool	5223 5400 5561 8444	www.salvationarmy.org.au/barwon
Portland	00020	www.salvationarmy.org.au/western
Hamilton	5223 3749 5572 5822	
Hamilton	55/2 5822	
Hadaa Haya		
Horizon House Warrnambool	5560 5993	www.sjog.org.au/warrnambool
vvaiiilaiiibooi	0438 221 340	horizonhouse@sjog.org.au
	0436 221 340	<u>nonzonnouse@sjog.org.au</u>
Geelong	5221 5319	www.sjog.org.au/geelong
decions	0418 879 183	horizonhouse@sjog.org.au
	0 110 070 100	nonzemiedec ejegiorgiad
East Geelong	5221 9160	www.sjog.org.au/east-geelong
-	0447 550 032	horizonhouse@sjog.org.au
<b>Supported Accommodation Services</b>		
Geelong		
Warrnambool	5245 8082	westpeakrs.com.au
	5562 0334	seniormoves.com.au/themar-heights
Portland		https://www.seaviewhouse.org.au
	5521 1919	
Haven Housing	1300 428 364	https://havenhomesafe.org.au
Geelong		
WRAD Supported Accommodation	55645777	www.wrad.org.au
Warrnambool		wrad@wrad.org.au
Wellways	1300 111 400	www.wellways.org
Youth Residential Rehabilitation		enquiries@wellways.org
Geelong & Warrnambool		
	FFC4 100:	
Emma House	5561 1934	www.emmahouse.org.au
Warrnambool	1800 366 238	emmahouse@safvcentre
Youth Foyer Warrnambool	5561 8888	https://brophy.org.au
	1000 240 242	info@brophy.org.au
Aboriginal Housing Victoria	1800 248 842	http://ahvic.org.au
Fitzroy	9403 2100	clientservices@ahvic.org.au
Tenancy Assistance and Advocacy	1300 510 439	www.meli.org.au
Program		<u>info@meli.org.au</u>
Warrnambool, Portland, Hamilton,		
Horsham		







# **Aboriginal Community Controlled Organisations and Health Organisations**

SERVICE	PHONE	WEBSITE/EMAIL
Winda-Mara Aboriginal		wmac@windamara.com
Corporation	03 5527 0000	
21 Scott St, Haywood		
		windamaramedical@windamara.com
<u>Heywood Medical Centre</u>		
Monday to Friday 9am – 5pm	03 5527 0060	
18-20 Hunter St Heywood		windamaamedical@windamara.com
Hamilton Medical Clinic		windamaamedical@windamara.com
Monday to Friday 9am – 5pm	03 5527 0090	
107 Thompson St Hamilton	03 3327 0030	
Medical	Social & Emotional	Alcohol and Other Drugs (AoD)
Doctors	Wellbeing	Support to reduce or stop alcohol and
Nurse Practitioners	Mental Health	drug use
Telehealth Appointments	Councilling for shildren	Relapse prevention and harm reduction
Allied Health	Counselling for children, adolescents and families	strategies
Dietitian	adolescents and families	
Diabetes Educator	GP Mental Health Care	AoD counselling and brief interventions
Podiatry	Plans and NDIS referrals	
Optometry		Referrals to detox, rehabilitation, or other
Audiology	Support to strengthen	specialist services
Dental Registrate w. Clinia	connection to culture and	AoD group support and education sessions
Respiratory Clinic Remedial Massage	community	ADD group support and education sessions
Tackling Indigenous Smoking	Wellbeing group activities	Carer and family support
racking magerious smoking	Wendering group detivities	,
<b>Community Services Programs</b>	Carer and family support	Land Management
Building The Dream		Budj Bim Tours
	Family Services	Junior Pangor Program
Youth Mentor Programs	Integrated Family Services and Family Preservation and	Junior Ranger Program
Cultural Strengthening	Reunification	Kooreelah Revegetation
cartai ai strengthening	Realification	g -
Bupup Balak Wayipungang (Koori Pre	Kinship Care Support	Bird Surveys
School Assistant)		
Willarn Playgroup	Family Violence Support	
Willarii Playgroup		
Elder Care Support		
Home and Community Care		
Local Justice Program		
Bringing Them Home		







**Gunditjmara Aboriginal** 

**Cooperative** 

Main Office 03 5559 1234 admin@gunditjmara.org.au

24 Hopkins Road, Warrnambool

Health Clinic 03 5564 3344 health@gunditjmara.org.au

Monday, Tuesday, Wednesday & Thursday 9am to 5pm

Friday 9am - 4pm

Health Services

**General Practitioners** 

**Aboriginal Health Practitioners** 

Nurses

**Chronic Health Care** 

**Allied Health** 

**Psychologists** 

**Aboriginal Dental Services** 

**Aboriginal Optometry Services** 

**Aboriginal Eye & Ear Services** 

**Women's Health Services** 

**Koori Maternity Support Services** 

**Immunisations** 

**Men's Health Services** 

**Quit Smoking** 

**Alcohol & Other Drugs** 

**Prevention & Early Intervention** 

**Health Promotion** 

**Family & Community Services** 

Youth and Adult Social & Emotional

Wellbeing

Female Family Violence Support

Koori Youth Justice Program

Local Justice Worker

Warrumyea Women's Group

**Social Groups** 

Aboriginal Tenancy at Risk

Aboriginal Family Led Decision Making

Children's Cultural Support

Aboriginal Kinship Care

**Cultural Planning** 

Koori Pre School

Koorramook Koori Playgroup

Better Futures for Aboriginal Youth

**Integrated Family Services** 

**Targeted Care Packages** 

**Independent Living** 

Home and Community Care Program

for Younger People (HACC/PYP)

Commonwealth Home Support

Program (CHSP)

National Disability Insurance Scheme

(NDIS)







#### Kirrae Health

1 Kirrae Avenue, Purnim 9:00am – 4:00pm

#### **Health Clinic**

Practice Hours 9:00am - 4:00pm

General Practitioner hours
Tuesday & Friday 10am – 2pm
Tuesday Night once monthly
4pm – 7pm
Thursday third of each month
10am – 1pm

#### **Health Services**

**Medical Practitioners Registered Nurses** Aboriginal Health Workers Aboriginal Health Team **Koori Maternity Services Chronic Health Services Outreach Services** Immunisations and vaccinations Adult and Child Health Checks **Preventative Health Programs Patholog Services Team Care Arrangement Plans** Mental Health Plans Health Promotion and Oral **Health Promotions Deadly Walkers** 

#### 03 5567 1270

# Social and Emotional Wellbeing (SEWB)

Counselling Advocacy Support Case Management Women's Group Men's Group

#### **Elder Care Support**

Commonwealth
Home Support
Program (CHSP)
Home and Community
Care Program for
Younger People (HACC PYP)
Wellness & Reablement
Cultural Diversity

#### Children

Playgroup Holiday Program Little Sista's Kalat Girls Koko Blokes

#### info@kirrae.org.au

# Allied Health Services Podiatrist

Diabetes Educator Continence Osteopath Chiropractor Visiting Specialists Psychologist

# Alcohol and Other Drugs (AOD)

Individual Counselling Advocacy and Support Koori Way Quit Smoking







# Dhauwurd-Wurrung Elderly & Community Health Services (DWECH)

Monday to Friday 8:30 – 4:30 18 Wellington Road, Portland 1300 202 664

reception@dwech.com.au

#### **Medical Services**

Tac

General Practitioners
Aboriginal Health Workers
Nurse
Chronic disease management
Women's Health
Men's Health
Children's Health
Immunisations
Mental Health (psychology)
Integrated Team Care
Work Cover

**Tackling Indigenous Smoking** 

**Medical Transport** 

#### **Allied Health**

Optometry
Audiology
Dental Screening
Diabetes Education
Visiting ENT
Visiting Koori Maternal Health
Exercise Physiologist

#### **Social & Emotional Wellbeing**

Advocacy
Assistance with Housing
Applications
Court Support
Justice System/ Corrections
Education Support

#### **Home & Community Care**

Home and Community Care Program for Younger People (HACC/PYP) Commonwealth Home Support Program (CHSP) Home Care Package (HCP) Home Help Personal Care







#### Wathaurong Aboriginal Co-operative

03 5277 0044

admin@wathaurong.org.au

Health Services, including; Paediatrician, GP and Social & Emotional Wellbeing services located at:

10-12 Albert Street, Geelong West

Koorie Maternity Services and Maternal Child Health services located at:

**20A Forster Street, Norlane** 

Family Services support located at: 33 Mackey Street (W2), North Geelong

Karroong Kanyool Youth Hub located at:

**20A Forster Street, Norlane** 

Homeless Entry Point team are located at:

**Level 1, 8 Station Street, Norlane** 

Colac Clinic- Wathaurong
Aboriginal Co-Operative
One day per week
15/17 Hart Street, Colac

03 5277 0044

#### **Medical Clinic**

General Practitioners
Aboriginal Health Workers
Nurses
Immunisation Program
Koori Maternty Services
Maternal & Child Health Services in partnership with City of Greater
Geelong

#### **Social & Emotional Wellbeing**

Psychologist
Counselling
Drug & Alcohol
Bringing Them Home (BTH)
Stolen Generation support
Cultural Mentoring & Support
Community Engagement

#### **Allied Health**

Visiting Specialists & Allied Health-Paediatricians, endocrinologist, obstetricians, Hepatitis nurse, Diabetic nurse and geriatricians







## **HELP LINES**

Service information can change, and it is not possible to include information about all the services you may require in this booklet.

The following Help Lines and online links may assist you in identifying the services you require.

SERVICE	PHONE
Child Protection Crisis Line (24 hour)	13 12 78
Counselling Online - alcohol & drug counselling (24 hour)	1800 888 236
Crisis Housing	1800 825 955
Domestic Violence & Sexual Assault National Helpline	1800 737 732
Family Drug and Gambling Help	1300 660 068
Gamblers Help (24 hour)	1800 858 858
Kids Helpline (24 hour)	1800 551 800
Lifeline Crisis Line (24 hour)	13 11 14
Maternal Child Health Line	13 22 29
MensLine Australia (24 hour)	1300 789 978
Mental Health Advice Line	1300 789 978
Money Help - free helpline	1800 007 007
National Disability Abuse and Neglect Hotline	1800 880 052
Nurse on Call	1300 60 60 24
Parentline	132 289
Relationships Australia	1300 364 277
Safe Steps Family Violence Response Centre	1800 015 188
Sexual Assault Crisis Line/CASA	1800 806 292
Suicide Call Back Service	1300 659 467
Suicide Line (24 hour)	1300 651 251
WIRE - Women's Information Referral Exchange	1300 134 130

# **ONLINE DIRECTORIES**

https://www.vicflpn.org.au (iRefer App for Apple or Android devices)

https://askizzy.org.au

http://www.serviceseeker.com.au











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